



Schools Supporting Donal Walsh #LIVelife May 1st to 9th 2014



How Can Your School Help?

Select a day between May 1st and 9th. Organise a colours / non uniform / jersey day. Each student contributes an amount which supports the work of the Donal Walsh #LIVelife foundation.

Make this day part of a mental well-being campaign (perhaps a day or a week). Promote well-being and supports that are available within and beyond your school. Raise awareness of the normal needs of teens who require extended stays at hospitals and hospices.

What Do We Need To Do Now?

Get cracking... Perhaps your student council can play an influential role within your school. Link with other schools in your area and form a cluster. Develop a focus on mental well-being and raise awareness of what you are doing and why. Register by filling the Schools Form at <http://www.donalwalshlivelife.org> by 31 March 2014.



Enjoy yourselves and know that your contribution will make a real difference to people that you know as well as many that you do not.

What Do We Need To Do Soon?

Contact info@donalwalshlivelife.org to organise a visit from Elma or Fionnbar to your school. Run the day or series of events.

Tell the local media what you are doing - tell them about #LIVelife.

What Do We Do After The Event?

Organise a presentation to take place at your school. Invite the local media - tell them about #LIVelife.

If you have formed a cluster with neighbouring schools organise a common presentation at your local Education Centre - invite the local media - tell them about #LIVelife.

Lodge any proceeds to:

Permanent TSB, Castle St., Tralee, Co. Kerry.
A/c: The Donal Walsh #LIVelife Foundation
Sort Code: 99-07-11 A/c Number: 21985820.

Finally and most importantly....

#LIVelife

Who was Donal Walsh?

Donal Walsh, the Kerry teenager who touched so many lives when he came to prominence through his writings and subsequent appearance on Brendan O'Connor's 'The Saturday Night Show' fundraised tirelessly while battling Cancer. Now the Donal Walsh #LIVelife Foundation has been established by his family in order to bring forward his causes of providing age appropriate teenage facilities in hospitals and hospice centres as well as promoting his anti-suicide message #LIVelife.



To date monies raised by Donal or in his name have surpassed €200,000. A teenage room in Crumlin Hospital is now finished, teenage rooms are being furnished in a Console Centres and over €15,000 has been given to KerryKare4Kids. The #LIVelife foundation will continue this work.

Most important is that Donal's #LIVelife message is continuing to spread. The conversation that he started continues to open many doors for people who were previously afraid to ask for help!



The Donal Walsh #LIVelife Foundation

Hare St., Blennerville, Tralee, Co. Kerry, Ireland

<http://www.donalwalshlivelife.org>

e-mail info@donalwalshlivelife.org

Tel: +353 (0)86 0773516 after 2pm

Follow us on:



@donallivelife



Donal Walsh Livelife

Register your School at <http://www.Donalwalshlivelife.org>